

Proforma GROWTH HORMONE REPLACEMENT

Patient details

Entry criteria	
Peak GH on ITT or equivalent (<9 mU/L)	
AGHDA score (>/11)	
Current replacement therapy Hydrocortisone Thyroxine Testosterone Oestrogens DDAVP	

Titration bloods/clinical	0	4/52	8/52	12/52	16/52	20/52		6/12	9/12 reassess
Date of bloods									
GH dose/mg/day									
IGF-1									
Glucose									
BP									
Side Effects									
Clinical Findings	Baseline	3/12		9/12		18/12			
AGHDA score									
Height									
Weight									
BMI									
Waist									
Hip									
W/H Ratio									

Biochemical Findings	Baseline	9/12	18/12	
IGF-1				
Glucose (fasting)				
HbA1c				
Lipids (TC,TG,HDL,LDL)				
FT4/TSH				
Prolactin				
LH/FSH				
Testosterone/oestradiol				
HCDC or				
SST(or ITT/GST)				

Other Findings	Baseline	12/24	24/12
BMD			
T score FN			
T score LS			
ECG			
ECHO (if had)			
MRI			