INSTRUCTIONS

1. DO NOT STOP taking your steroid replacement
2. In case of feverish illness, accident, surgery, diarrhoea or vomiting your steroid replacement MUST be continued. You may require a larger dose through these types of illness. See patient information on www.imperialendo.com
3. Always carry this card.
4. Show this card to any healthcare professional who gives you treatment.

Information in case of emergency

- 100mg hydrocortisone by intramuscular injection and seek urgent medical help.
- Emergency intravenous fluids and ongoing steroid replacement will be started by your healthcare professionals.

NOTE: use only hydrocortisone sodium phosphate or hydrocortisone sodium succinate. **DO NOT** use hydrocortisone acetate due to its slow release microcrystalline formulation.

Other Medications:

Medication	Dose	Frequency

Other Conditions:

1.
2.
3.
4.
5.
6.

Imperial College Healthcare NHS Trust

I am a patient on

STEROID REPLACEMENT

This must not be stopped and in the case of emergency may need to be increased

Full details are available from the hospital or general practitioners shown overleaf.

My steroid replacement is:

Medication	Dose	Frequency

For Condition;.....

f you have any questions about your medicines please contact your doctor, pharmacist or specialist nurse.

Pharmacy Drug information
Open between 9.15a.m – 5.00p.m.
Monday to Friday

Charing Cross Hospital	020 331 11703
Hammersmith Hospital	020 331 33915
St Mary's Hospital	020 331 21203

Patient Name:

Address:

Telephone No:

Consultant Contact Details:

GP Contact Details:

In Case of Emergency Contact Details:

www.imperialendo.com